



strengths  
IN FOCUS

where we focus, grows.

## The buzz about Chris...

"Rarely have I attended a program that has so strongly impacted me, both personally and professionally."  
~ Lucy Pulitzer, Albany, NY

"It isn't every day I attend a conference where I come away feeling empowered with information I can ... put into practice in my everyday life, both at work and at home. I loved it!"  
~ Carol Hendricken, Alberta, Canada

"I had the opportunity to hear Chris at a time on my life when I was ready for some next steps. For me, the connection I felt hearing his presentation in person was absolutely key. I felt 'this guy gets me'."  
~ anonymous

"This was one of the best presented, clear, and insightful trainings I have been to. It is also the most useful for my practice. I highly recommend it to anyone!"  
~ Christine McNulty Grant, Portland, ME

"Chris was very inspiring. He was authentic, passionate, and powerful."  
~ Suzanne Kaufman, Albany, NY

"Chris is an engaging presenter whose enthusiasm, vast experience and wealth of meaningful stories combine beautifully together to create an enhanced learning experience. Thank you!"  
~ Tracey Stark, Ontario, CA

"Upon hearing him, I felt I had a partner for the journey."  
~ anonymous

"We need to get you on Oprah!"  
~ enthusiastic seminar participant